

Dr. AIDROOS AL AIDROOS

SPECIALIST PSYCHIATRIST



Biography:

Dr. AIDROOS AL AIDROOS is an extremely qualified and well-known psychiatrist specialist. He holds a degree of MD in psychiatry from the College of Medicine and Health Sciences, UAE University. He has a considerable experience of over five years in assessing and treating a wide range of psychiatric and other such conditions. His phenomenal analysis capabilities and thorough expertise in the most up-to-date therapy choices allow him to provide reliable treatments that promote prompt and also complete recoveries for his patients.

Dr. AIDROOS is an esteemed specialist psychiatrist who is recognized for his precise strategy and also versatility making sure his patients obtain customized treatment plans modified to their special requirements. His dedication to keeping up-to-date with the current developments in his area permits him to give innovative treatments and solutions. Dr. AIDROOS's revolutionary study on psychiatric inpatient patterns at Al Ain Hospital in UAE is published in *BJPsych International* and sheds light on crucial mental health issues.

Dr. AIDROOS AL AIDROOS is popular for his cautious technique and also adaptability guaranteeing people acquire personalized treatment customized to their certain needs. His dedication to remaining up-to-date on the current improvements in the area of psychiatry permits him to deliver optimum treatment along with other such services.

Academic Certificates

- Doctor of Medicine (MD) from the College of Medicine and Health Sciences, UAE University 2018.
- Certification course in Basic Life Support (BLS) from the TAWAM Hospital and Al Ain Hospital in UAE, 2019.
- Double Board-Certified Psychiatry Specialist from the Emirate Board and Jordanian Board.

Dr. AIDROOS AL AIDROOS currently works as a psychiatric specialist at the Royal Medical Center in Abu Dhabi, UAE. He has extensive experience, working for more than 5 years in which he worked in the most renowned hospitals in the United Arab Emirates, and providing various specialized psychiatric services, whether in cases of diagnosing, studying, treating, or management of mental disorders.

Dr. AIDROOS strives to keep pace with the latest developments in the field of psychiatry and provide the premier level of services and attention to his patients.

Education

- Doctor of Medicine (MD) from the College of Medicine and Health Sciences, UAE University 2018.
- Certification course in Basic Life Support (BLS) from the TAWAM Hospital and Al Ain Hospital in UAE, 2019.

- Double Board-Certified Psychiatry Specialist from the Emirate Board and Jordanian Board.

Focus Area

- Clinical diagnosis and treatment of mental, emotional, and behavioral disorders.
- Depression and mood disorders
- Anxiety disorders (generalized anxiety disorder, panic disorder, and social anxiety disorder)
- Addiction and substance abuse
- Eating disorders
- Psychotic disorders (schizophrenia, etc.)
- Trauma and Post-traumatic stress disorder (PTSD)
- Child and adolescent psychiatry
- Geriatric psychiatry
- Consultation-liaison psychiatry (hospital settings)
- Forensic psychiatry
- Treatment for people with a variety of other mental health concerns, such as ADHD, OCD, and depression.
- Prescribing, directing, or administering psychotherapeutic treatments or medications to treat mental, emotional, or behavioral disorders.
- Monitoring the recovery process after the procedure, and development of treatment plans.
- Analysis and evaluation of patient data or test findings to diagnose the nature or extent of mental disorders.
- Preparing and submitting case reports or summaries to government or mental health agencies.
- Develop and deliver anti-doping education programs to athletes, coaches, and sports organizations, fostering a culture of clean sports and ethical competition.
- Execution of strategic psychiatric care plans, ensuring exceptional patient outcomes and recovery.
- Ensure strict adherence to international anti-doping regulations, resulting in the agency's continued compliance and recognition on the global stage.
- Personalized treatment plans as per the specific requirement of the patient.
- Reviewing and evaluating treatment procedures and outcomes of the patient
- Serving on committees to promote or maintain community mental health services or delivery systems.